



CREST

NLP Practitioner Certification Program (Bangalore)

16-20 March 2016

Benefits of NLP:

- Increased self-awareness & self-empowerment
- Develop instant confidence
- Understand the effective use of language as a skill of excellence
- Quickly Establish Rapport
- Get an edge over your competition and increase your profits
- Guide your team or your clients to become more resourceful

And much more.....

According to Psychology Today Magazine “Neuro-Linguistic Programming (NLP) is arguably the most powerful Behavioral Science on the planet today”.

Science Digest describes it as, “the most powerful vehicle for change in existence.”

Kritarth Consulting (P) Limited, a company which aids & advises knowledge seekers in “search of excellence” offers **CREST**—a **Neuro Linguistic Programming (NLP) Practitioner Course**.

This NLP Practitioner Certification training course is designed for those you want to experience the power and magic of Neuro Linguistic Programming and look at life differently.

It will **enable** you to fully **understand** and practice the skills of NLP in your professional and work situations, as well as for your

own **growth**, development and **personal achievement**.



We invite you to experience power of NLP and unleash you limitless potential.

Get to know how to tweak your thoughts and to thrive from it.

Create Newer Experiences. For Yourself



Unleash Your Limitless Potential

What is Neuro Linguistic Programming (NLP)

The Oxford English Dictionary defines Neuro Linguistic Programming as “a model of interpersonal communication chiefly concerned with the relationship between successful

patterns of behaviour and the subjective experiences (especially patterns of thoughts) underlying them; a system of alternative therapy based on this which seeks to educate people in

self-awareness and effective communication, and to change their patterns of mental and emotional behaviour.”



NLP's core idea is that an individual's thoughts, gestures and words integrate to create one's perception of the world (**Maps of Reality**) and by changing one's perspective, one can change his/her attitude and actions and hence **the results**

In short, **NLP provides us with a way of understanding not only ourselves, but other people** too, and learning to communicate with them in the most appropriate and effective way possible.

It is about getting our outcomes.



It is about training your mind to experience the wonders rather than focusing on problems.

Stop dreaming and start living a rich and fulfilling life you know you deserve, today!

What will I learn from the Program

Communication is the response you get. The **answer** lies in the question.

People make the **best choice available to them** at the time they make it.

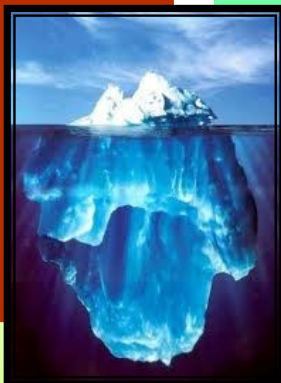
Each person is unique. We have at our disposal **all resources we need** to achieve success.

Choice is **better** than No Choice

Problems cannot be solved **unless** you have an outcome

How will it help Me

Discover the other 90% of YOU



Business to promote good communication and negotiation strategies including sales and management skills

Education & Training to promote and accelerate learning and memory. NLP is valuable tool when it comes to training and teaching design methods

Personal Development to remove negative emotions and patterns; promote confidence and self esteem. NLP has a tremendous applications in goal setting



Understand and Model your Own Success

or habit

Parenting learning how to foster good, clear communication with your children right from the start.

Sport to enhance performance, develop and maintain the winning attitude.



Counseling, Coaching & Therapy to accelerate changes with clients by looking at the process that underlie a particular pattern, emotion

You Have All The
RESOURCES

If it is
possible in
the world,
then it is
possible for
me!

How Does NLP Training Work?

NLP training is a combination of group learning, individual experiential exploration and personal application.

In the training group, you will see live demonstration of NLP techniques and be able to ask questions and understand the principles that

underpin the techniques.

Then you will work in pairs or small groups to explore the techniques further to find what works in what context.

Finally, you will be able to apply the techniques to your own business and personal

life and test out the results for yourself.

It's important to have an open mind because sometimes what you think will work doesn't and what you think can't possibly work, *works easily*.

Throughout the duration of the course you will learn:

- The basis of NLP (Neuro-Linguistic Programming)
- How to create and maintain genuine rapport
- Understand and utilize body language in communication
- Skills in observing other people
- How to create positive change in yourself and others
- The conscious use of language
- How to set effective value-driven goals both personally and professionally
- And much more...





While undergoing the Practitioner of NLP, you will not only learn all this and lots more, but you will also learn to harness the power of NLP in your life, whether at work, at home or in external relationships.

On successful completion, you will also be ANLP Certified as **"The NLP Practitioner"**

Certification

This certification is accredited by **ANLP India**, which is recognized worldwide, and accepted by all premier bodies of NLP in the US, Europe, Asia & Australia.



What will I learn in 5 Days

The program is of 20 sessions full of highly useful and practical NLP Skills to enrich your life immediately.

Following are some of the topics to covered in :

- **Key Beliefs & Pillars** of NLP
- **Goal Setting** - The foundation of achievement
- **Rapport** - The basis of communication
- **Representational Systems** Using our 5 senses
- **Sub-Modalities** - Making your brain really work for you
- **Language Patterns** - Being focused with words
- **Perceptual Positions** - Changing your point of view to achieve better results
- **Anchoring** – The power to feel how you want
- **Strategies** – How we do what we do
- **Neurological Levels** – More keys to personal and organizational congruency
- **Parts Integration** – a key to personal congruency



Know Your NLP Trainer

Shakti Sharan

Shakti is the Founder – Director of Kritarth Consulting Private Limited, a Productivity Improvement firm with presence in New Delhi, Bangalore, Jamshedpur and Pune.

His focus is to “Make a Difference” in the way Organizations and Individuals function so that they actualize their true self, sooner in their lifetime and Remain Fully Functioning anytime, anywhere and thus help Organizations in getting, keeping and grooming the Right People who will Do Right Things Right, First Time Every Time in order that the Business goals and objectives can be achieved in most cost-effective manner within the shortest possible time for the greatest good of all concerned

Shakti is a highly effective trainer in the fields of Performance Enhancement, Personal Development, and utilizes NLP in the areas of Communication, Leadership, Team Building, Sensitivity training programs.

He is a Certified Trainer of Neuro Linguistic Programming (NLP), Certified Master Practitioner of Neuro Linguistic Programming (NLP). He is a Certified NLP Executive Coach through Ralph Watson Partnership.

He is also a Certified Master Practitioner in Time Line Therapy™.

An MBA in Global IT Management, he has over 10 years of Corporate Work Experience.

Apart from corporate trainings, he coaches individuals to peak their performance by behavior transformations and installing resourceful states and provides simple, yet effective structure of support to assist his clients in moving forward in significant areas of their life.



NLP Course Details



Course Dates:

16-20 March 2016

Venue:

Dhi Leadership Center
Bangalore

Timings:

10:00 am - 5:00 pm

Your Investment:

**Rs.30000 + 14.50%
Service Tax**

Early Bird Discount
available for first 5
confirmed registrations.

(Includes the cost of
training, lunch, tea/
coffee on all days and
Practitioner Manual,

Certification and a
membership of ANLP,
India)

Also, enroll now and
receive 15 Audio CDs
and 2 DVDs of training
at no extra cost to you.

Whatever You Are
Seeking is **Also**
Seeking You!!!

Seats will be confirmed on a first
payment clearance first confirmation
basis.

What's more....With us you also get
an opportunity to repeat the
program as many times as desired
by paying a nominal day
charge...Wherever there's an ANLP
recognized program in India.

Break-
through to
Success



To register for the course, please contact:

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